CCST 9060 Longevity Venture Capital Pitch

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Rundown

- 1. Introduction
- 2. Introductory video
- 3. Explanation
 - 3.1 DNA analysis (genetic factor)
 - 3.2 Nutrition (environment factor)
- 4. Target population and ethical considerations
- 5. Poster

1. Dear LKS Investors,

Product name : "WATCHING YOU" Product type: smart watch

2. Introductory Video



3.1 Explanation - DNA analysis

Background knowledge

- ✤ Genome: the whole of the genetic information of an organism
- Genetic code: the set of rules that translate information encoded within genetic material into proteins
 - Eg. CUU codes for Leucine; AAU codes for Lysine
- ✤ Genome is unique but genetic code is universal

What is gene sequencing?

It is the process of determining the precise order of nucleotides (bases: A,T,C,G) within a DNA molecule.



Gene sequencing

- 1. The Polymerase Chain Reaction (PCR)
- 2. Addition of dideoxynucleotides (ddNTPs)
- 3. Gel electrophoresis

Step 1: PCR - a cycle of reactions uses variations in temperature to control the replication process

1. Take a DNA sample



Step 1: PCR - a cycle of reactions uses variations in temperature to control the replication process

2. Use PCR to amplify the sample
2.1 Denaturation (~90°C)
2.2 Annealing (~55°C)
2.3 Elongation (~75°C)



Step 2: Adding ddNTPs

- ddNTP lacks the 3' hydroxyl group (-OH) Necessary for forming a phosphodiester Bond
- As a result, strand elongation terminates



Determining nucleotide positions using ddNTPs



Fragment lengths reflect base position in sequence

dideoxynucleotides

Step 3: Gel electrophoresis - separates the strand by size

- 1. Set up 4 PCR mixes, each containing stocks of Normal nucleotides + 1 ddNTP (ddA, ddT, ddC, ddG)
- 2. Use gel electrophoresis to separate fragments
- 3. Order fragments according to lengths
- 4. Determine base sequence



Why should we sequence our genomes?

Advantages regarding human longevity

 \rightarrow Identify genetic predisposition to disease

 \rightarrow Personalised treatment and nutrition

3.2 Explanation - Nutrition

How nutrition relates to longevity

"We are what we eat"

Food fuels the body. If fueled with bad stuff, the body goes faulty quickly.



Healthy way of eating?

Eat plants Food is better than supplements Liquid also have calories Let 90-95% of your food to be fruits, vegetables, grains, beans Retreat from Meat Limit alcohol Take your time to eat Eat healthy fish. If fish is Too difficult? Too eins are good for muscles. Avoid processed food. Diminish dairy. D hard to Eat beans regularly. Follow the food accomplish? Cut sugar. Eat vegetables. Don't eat too much egg yolks and entails. Make nuts your snack. Don't eat too much before going to bed. Drink mostly water. Use vegetable oils Maintain balanced diet. Eat variety of foods. Don't be picky. Choose low fat products. Be cautious of portions. Avoid animal oil. Avoid instant foods. Quality is important than quantity. Eat fresh.

The Feature :

Allowing them to make *smarter choices* for their own needs

Smarter and more accurate :

Balanced ratio Calorie and nutrition fact accurately calculated

Keep record of what you ate

Nutrition	racts
8 servings per contail Serving size 2	ner /3 cup (55g)
Amount per serving Calories	230
Amount per serving Calories	230 % Daily Value*

More delicious :

Suggested meal plans according to preference



Just for you :

Suggest people to make Healthier options

customized diet

Keep in update with how the body react to the food



4. Target population and Ethical consideration

Target Population



Ethical consideration

- 1. Privacy Concerns
- GPS & wireless (watch apps)
- Bluetooth (Android and IOS)
- Fingerprint Unlocking Function
- 1. Restriction on people making choices for themselves



5. Poster

Watching



You

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Division of Labour

Student	Contribution
Stella (UID:3035493581)	Introductory video Target population
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Lucy (UID: 3035453751)	Nutrition part
Karrie (UID:3035456002)	 Ethical considerations Poster

Thank you for listening!